

VBAC Contract

Listed below are Dr. Dulaney's rules for and the risks of attempting a vaginal birth after a cesarean section (VBAC). Please review and sign at the bottom of the page.

Risks:

1. The scar on the uterus from your previous c-section is a weak spot and the contractions of the labor and increased pressure at delivery may cause the scar to open ("dehiscence").
2. If the scar opens, you and your baby are in great danger.
3. If the scar opens, you may bleed internally. The amount of blood that is flowing to the uterus of a full term pregnant patient is great and if you have internal bleeding, you may require blood transfusions, and in some cases, you may die from the excessive blood loss.
4. If the scar opens, your baby may not get enough oxygen and could have brain damage, and in some cases, your baby may die from the lack of oxygen.

Dr. Dulaney's medical advice:

1. The only way to safely attempt a VBAC is in the hospital with continuous fetal monitoring during the active phase of labor (4cm-10cm) and during the pushing phase.
2. Your uterus, due to the scar from the previous c-section, is too weak for an induction. If your body does not spontaneously start labor, you will need a repeat c-section at 41 weeks and 0 days.
3. If you had a c-section due to failure of your cervix to dilate to 10cm, you have a higher chance that your VBAC attempt will fail. If you had a c-section due to breech presentation, you have a better chance of VBAC success.
4. You and your baby's safety are Dr. Dulaney's priority and she only wants what is best for you both, although she sincerely hopes you are successful. Of course, not everyone will have a successful VBAC and you must be realistic that you may need a repeat c-section.

Patient Name: _____

Date: _____

Signature: _____

Please note that upon signing you agree to follow all of Dr. Dulaney's medical advice with the understanding that healthy baby and healthy mom are her top priority, you are also stating that you have read and understand the risks and possible complications of attempting a VBAC which are noted above.