

# **BOWEL PREP FOR SURGERY**

- DAY BEFORE THE SURGERY, CLEAR LIQUID DIET ONLY (CLEAR BROTH, WATER, FRUIT JUICE NO PULP, PLAIN GELATIN, GATORADE, ANYTHING YOU CAN HOLD UP AND SEE THROUGH)
  
- AT 3PM THE DAY BEFORE THE SURGERY, DRINK HALF A BOTTLE (MAGNESIUM CITRATE- 5oz).
  
- AT 7PM THE DAY BEFORE THE SURGERY, DRINK THE OTHER HALF MAGNESIUM CITRATE 5oz.

**\*\*NO FOOD OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE THE SURGERY WITH THE EXCEPTION OF MEDICATIONS THAT CAN NOT BE STOPPED. TAKE THE MEDICATION WITH ENOUGH WATER TO SWALLOW PILL.\*\***

## **ITEMS NEED FOR BOWEL PREP:**

- CLEAR LIQUIDS
- MAGNESIUM CITRATE 10oz BOTTLE